Deer Creek Bulletin

December 1, 2023

Translating the Deer Creek Bulletin - Traduciendo el Boletin Deer Creek

When you open the weekly bulletin email, click on the bulletin. It will open in a new page. At the top right side there is a button that says "translate." You can choose whichever language you prefer and it will translate the weekly bulletin for you.

Cuando abra el correo electrónico del boletín semanal, haga clic en el boletín. Se abrirá en una nueva página. En la parte superior derecha hay un botón que dice "traducir". Puede elegir el idioma que prefiera y le traducirá el boletín semanal.

Upcoming Events

Monday, 12/4: PSO Langer's Bowling Fundraiser

Wednesday, 12/6: 1st Grade Music Performance, 5:30-6:30 Thursday, 12/7: 1st Grade Music Performance, 5:30-6:30

Thursday, 12/7: Picture Retake Day

Thursday, 12/7: Guitar Lessons, 2:30-3:30

Tuesday, 12/12: PSO Meeting in the cafeteria, 9:00am

Tuesday, 12/12: Mr. Vaternick's 5th Grade Play, 6:30-7:30pm

Wednesday, 12/13: Passport Club Check

Thursday, 12/14: PSO DINEOUT: Crumbl Cookie, Sherwood, 3:00-8:00pm

Thursday, 12/14: Guitar Lessons, 2:30-3:30 Friday, 12/15: Classroom Winter Parties Friday, 12/15: Jog-a-thon Pajama Day

Friday, 12/15: Yearbook Cover Contest Deadline

Monday, 12/18 - Monday, 1/1: NO SCHOOL - WINTER BREAK

Tuesday, 1/2: 1st day back after break



School Information

To report your student's absence please call our attendance line, **503-431-4470**, or send an email to deercreekparent@ttsd.k12.or.us.

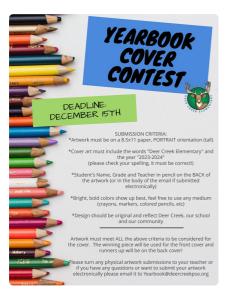
If you need to make a change to your student's transportation or report an absence, please send an email to deercreekparent@ttsd.k12.or.us. The deercreekparent email account has been set up for emails only from parents/guardians and are easily seen for updates. Please do not use the deercreekoffice or dcoffice email address because information can get easily missed. Thank you for your help with this!

Yearbook Cover Contest

Students are invited to enter the Yearbook Cover Contest! Here are the guidelines:

- Artwork must be on an 8.5" x 11" paper, PORTRAIT orientation (tall)
- Cover art must include the words "Deer Creek Elementary" and the year "2023-2024" (Make sure everything is spelled correctly!)
- Write student's name, grade, and teacher on the BACK of the artwork in pencil (or in the body of the email if submitted electronically).
- Bright, bold colors show up best. Feel free to use any medium (crayon, paint, markers, colored pencils, etc.).
- Designs must be original and should reflect Deer Creek, our school, and our community.

Artwork must meet all the above criteria to be considered for the Cover Contest. Students will vote on their favorites, and the winning design will be featured on the yearbook cover. The other designs will be featured on the back. Students may submit their designs to their teacher, or email a hi-res image of their artwork to yearbook@deercreekpso.org BY FRIDAY, DECEMBER 15.





Yearbook Cover Contest

Concurso Para La Portada Del Anuario

Save \$5 on your Yearbook!



Save \$5 until December 31:

https://www.jostens.com/apps/store/customer/1410693/Deer-Creek-Elementary-School/

Student Safety

Student safety is one of our top priorities at Deer Creek. As we know, the traffic during morning drop-off and afternoon dismissal can be pretty hectic. With that said, please do not unload or load your child(ren) into a car on 131st Ave. Please choose to use the pull through pick up line in our parking lot, park in the lot, or park in the neighborhood and retrieve your child(ren) there. Thank you for your understanding.

TTSD Partnership with LifeStance Health

TTSD and LifeStance Health have partnered to improve student access to mental health services. The LifeStance Health School-Based Program is dedicated to providing quality therapeutic services to schools while removing barriers for students and families by placing therapists in district buildings. School-Based Therapists treat mental health conditions which can include depression, anxiety, PTSD, ADHD, or substance use issues. Services are billed through OHP and most insurance plans.



LifeStance Health serves all TTSD students K-12 out of two locations:

- 1. Tigard High School
- 2. Byrom Elementary/Tualatin High School

For more information, contact your student's school counselor, visit the <u>LifeStance School-Based</u> webpage and fill out the referral form, or call LifeStance at 971-808-3643.

Asociación entre TTSD y LifeStance Health

TTSD y LifeStance Health se han asociado para mejorar el acceso de los estudiantes a los servicios de salud mental. El programa escolar LifeStance Health se dedica a brindar servicios terapéuticos de calidad a las escuelas y, al mismo tiempo, eliminar barreras para los estudiantes y las familias al colocar terapeutas en los edificios del distrito. Los terapeutas escolares tratan afecciones de salud mental que pueden incluir depresión, ansiedad, trastorno de estrés

postraumático, ADHD o problemas de uso de sustancias.

Los servicios se facturan a través del OHP y de la mayoría de los planes de seguro.

LifeStance Health atiende a todos los estudiantes de TTSD K-12 en dos ubicaciones:

- La escuela preparatoria Tigard
- La escuela primaria Byrom y la escuela preparatoria Tualatin

Para obtener más información, comuníquese con el consejero escolar de su estudiante, visite la <u>página web escolar de LifeStance</u> y complete el formulario de referencia, o llame a LifeStance al 971-808-3643.

TTSD Nov/Dec Lunch Menu

2023

All lunches include fresh and local fruit, vegetables, fat free and 1% cold milk. We offer a vegetarian option daily. Our meals are made with love and infused with joy We are delighted to have your students dine with us and thank you for giving us the opportunity to serve your most precious gift.

Reminder – school meals are no longer free unless you apply and qualify for free meals! Please apply for free meals through https://lingconnect.com/
If your student dines with us, their account will be charged, please set up an account with LINQ to add school meal funds through https://lingconnect.com/

Prices	Monday	Tuesday	Wednesday	Thursday	Friday	DID YOU KNOW?
Elementary Lunch: \$4.00	6 Cheesy Breadsticks with Marinara Sauce	7 Chicken Alfredo Pasta OR Alfredo Pasta (no chicken)	8 Chicken & Cheese Nachos OR Cheese and Bean Nachos	9 No School	No School Veteran's Day	Our middle and high schools offer at least 4-6 options daily including made to order sandwiches, build your own nachos, and other fun foods. We are working on creating scratchmade, veggle filled, nutritious homemade recipes to NOURISH your students so they can learn best. We are always looking for new recipes, and hands to help in the kitchen. Please reach out to ttadloodservice@thak12.or.us We can't wait to see your students in our cafeterias and build those healthy habits together. Here's to a new school year. Much love,
Secondary Lunch: \$4.25 Adult Lunch: \$6.00	Classic Chicken Corndog OR Hummus Plate	14 Kids Mac and Cheese	Classic Hamburger on whole grain rich bun OR Toasted Cheese Sandwich	Breakfast for lunch! 16 Chicken & Waffles OR Waffles & 8oz Yogurt	Favorite Pepperoni or Cheese Pizza WG	
Milk a la carte \$0.75 Fat free	20 Crispy Chicken Tenders OR Cheese Sandwich	21 Chicken, Gravy and Mashed Potatoes or Sunbutter Sandwich	No School	23 No School Thanksgiving	24 No School	
chocolate milk on Fridays only. Add funds or apply for free	27 Turkey Hot Dog on Whole Grain Bun OR Hummus Plate	28 Shrimp Alfredo Pasta (whole grain rich)	29 Hand Rolled Chicken and Cheese Burrito OR Bean and Cheese Burrito	30 White Bean Chicken Chili with Combread OR Yogurt Parfait	Dec 1 Favorite Pepperoni or Cheese Pizza WG	
meals: lingconnect.com WE ARE HIRING!	4 88Q Rib (Beef) on hoagie roll OR Cheese Sandwich	5 Orange Chicken with Chow Mein Noodles OR Chow Mein (no chicken)	6 Classic Hamburger on whole grain rich bun OR Toasted Cheese Sandwich	7 Baked & spice- rubbed Dover Sole on Brown Rice OR Yogurf Parfait	Pupusa dayt 8 8irria (beef) OR Bean & Cheese Pupusa	
WE NEED HELP IN THE KITCHENS.	Breakfast for Luncht 11 Pancakes, 4oz yogurt, & string cheese	Pasta with Meatballs OR Pasta with 2oz Cheese	Beef Teriyaki on Brown Rice OR Hummus Plate	14 Chicken & Cheese Nachos OR Cheese and Bean Nachos	Favorite Pepperoni or Cheese Pizza WG	

Menu is subject to change based on what we are able to obtain from our vendors. For our students with masterful taste buds and growing palettes, we may suggest sending you student a packed meal just in case they decide they do not want to eat the meal that day. You can always save your packed lunch for the following day if your student decides to dine with us! We are so sony for any menu change inconvenience and thank you for understanding. This Institution is an Equal Opportunity Provider.

Is your student too sick for school?

Please take a moment to review Exclusion from School Guidance and disease-specific guidelines.

2023 Health Services Plan and Resources

¿Está su estudiante demasiado enfermo para ir a la escuela?

Por favor, tómese un momento para revisar la Guía de Exclusión de la Escuela y las directrices específicas de enfermedades.

Plan de Servicios de Salud de 2023 y Recursos

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER "The list below tells the shortest time to stay home. A student may need to stay home longer for some litnesses.		
Fever: temperature of 100.4°F (38°C) or greater	*Fever-free for 24 hours without taking fever-reducing medicine.		
New cough illness	 Symptoms improving for 24 hours (no cough or cough is well-controlled). 		
New difficulty breathing	 Symptoms improving for 24 hours (breathing comfortably). Urgent medical care may be needed. 		
Diarrhea: 3 loose or watery stools in a day Off not able to control bowel movements	*Symptom-free for 48 hours OR with orders from doctor to school nurse.		
Vomiting: one or more episode that is unexplained	*Symptom-free for 48 hours OR with orders from doctor to school nurse.		
Headache with stiff neck and fever	*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. Urgent medical care may be needed.		
Skin rash or open sores	*Symptom free, which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.		
Red eyes with colored drainage	*Symptom-free, which means redness and drainage are gone OR with orders from doctor to school nurse.		
Jaundice: new yellow color in eyes or skin	 After the school has orders from doctor or local public health authority to school nurse. 		
Acting differently without a reason: unusually sleepy, grumpy, or confused.	*Symptom-free, which means return to normal behavior OR with orders from doctor to school nurse.		
Major health event, like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide.	*After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safety.		

Symptom-based Exclusion Chart 23-24.pdf

Download

158.7 KB





Tualatin School Based Health Center

Centro de Salud Escolar

We're Open Tualatin SBHC.pdf

Download

5.0 MB

Caring Closet Needs

Please see the flyers below for needed items requested by our district Caring Closet.



Volunteer Information

Volunteer process:

We are very fortunate to have wonderful community members and families who want to be part of our students' education by volunteering! With that comes the responsibility of making sure our schools and students are safe <u>at all times</u>.

Anyone seeking to be a volunteer for our schools and or buildings needs to be background checked and offered the vector training. If a community member and or parent wants to volunteer, they have to go through the <u>volunteer process</u> and be cleared before doing so.

Volunteers and after school events:

The volunteer process must be followed if the person will be interacting with our students. Whether the volunteering will take place during school or after school, the parent/community member must undergo the volunteer requirements as outlined on our website. This includes all school and or PTO/PSO sponsored events.

Background checks:

We are very busy with background checks for new hires and volunteers. Please get your volunteer applications submitted sooner than later so you are approved for activities throughout the year. Volunteer applications are good for 3 years, this includes the background check and the training.

Covid Vaccine Cards are no longer required!

Community Opportunities

Below are flyers for extra curricular activities that are available for your kids. You can also click on <u>TTSD flyers</u> to see all of the available opportunities on the district page.



Tigard Tualatin Ski Bus

Celebrate the season of thankfulness with take home Parks & Rec activity boxes. Tap into creative side with autumn themed crafts and games.

Celebre la temporada de agradecimiento con las cajas de actividades de Parks & Rec para llevar a casa. Aprovecha tu lado creativo con manualidades y juegos de temática otoñal.

ACTIVITY BOXES

Preguntas? Envie un correo electrónico a Kaithm o llame al (503) 718.2604

City of Tigard Parks & **Rec - Activity Boxes**

obuses. obtener más información o para inscribirse ir a:

www.snoblasters.com Or



City of Tigard

Tigard Activity Boxes

Questions? Email Kaithm or call at (503) 718.2604



Tigard Tualatin Ski Bus



more information or to sign up go to: www.snoblasters.com

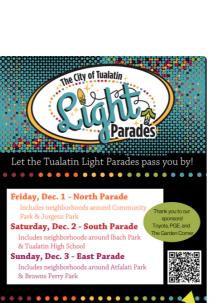
Or Email Ltilney@hotmail.com Call Lisa at (503) 781-5272

at Mt. Hood

Meadows



Tualatin COED Cheer Parents Night Out



City of Tualatin Light Parade

Visit our website for more information TualatinOregon.Gov/Rec



PARENTS

NIGHT OUT FRIDAY, DECEMBER 15TH

City of Tigard Parks & **Rec - Kids Night Out**





2023 Festive Fleece Fun Run



2023 Festive Fleece Fun Run

2023 Snowman Scavenger Hunt



Deer Creek Elementary

Email: deercreekparent@ttsd.k12.or.us
Website: ttsdschools.org/deercreek

Location: 16155 Southwest 131st Avenue, Tigard, OR, USA

Phone: (503) 431-4450
Twitter: <u>@DeerCreek_Elem</u>

TTSD prohibits discrimination and harassment on any basis protected by law, including but not limited to, an individual's perceived or actual race, color, religion, sex, sexual orientation, gender identity, national or ethnic origin, marital status, age, mental or physical disability, pregnancy, familial status, economic status, or veterans' status, or because of the perceived or actual race, color, religion, sex, sexual orientation, gender identity, national or ethnic origin, marital status, age, mental or physical disability, pregnancy, familial status, economic status or veterans' status of any other persons with whom the individual associates. 504, and Title IIA Coordinator: Carol Kinch; ckinch@ttsd.k12.or.us, 503-431-4137 Title IX Director: Len Reed; Ireed@ttsd.k12.or.us, 503-431-4012. Mailing Address: 6960 SW Sandburg Street, Tigard, OR 97223



